

Bu proje Avrupa Birliği ve Dünya Sağlık Örgütü tarafından finanse edilmektedir.

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# **Provisional Programme**<sup>1</sup>

<sup>&</sup>lt;sup>1</sup> Update on the progress with the WP2 on Mental Health and wellbeing of Children and Adolescence and young adults will be presented at the closng plenary session

# Wednesday 23<sup>rd</sup> November 2022 - DAY 1

**Türkiye time 9:00 – 9:30** 

*CET time 7:00 – 7:30* 

Türkiye time 9:30 - 10:00

*CET time 7:30 – 8:00*Main Hall

https://who.zoom.us/j/92876251583

Password: WHO!2022

Registration of in-person participants

Musical accompaniment: J.S. Bach F Minor Piano Concerto Allegro-Largo-Presto Buğra Çankır², accompanied by the Ankara Music and Fine Arts University Orchestra

Maestro: Cemi'i Can Deliorman

**Opening Plenary** 

Türkiye time 10:00 - 10:45

**CET time 8:00 – 8:45** 

**Main Hall** 

https://who.zoom.us/j/92876251583

Password: WHO!2022

Opening remarks and greetings

**Moderators:** 

Natasha Azzopardi Muscat, Director, Division of Country Health Policies and Systems, WHO Regional Office for Europe

Batyr Berdyklychev, WHO Representative, WHO Country Office Türkiye

Speakers:

Hans Kluge, Regional Director, WHO Regional Office for Europe - video statement

Alar Karis, President of Estonia- video statement

Diana Paun, Adviser to the President of Romania

Tetiana Lomakina, Adviser, President's Commissioner on Barrier free society issues in Ukraine

Meyer-Landrut, EU Delegation to Turkey Ambassador – video statement

Tolga Tolunay, Deputy Minister of Health, Ministry of Health of Republic of Türkiye

Türkiye time 10:45 – 11:15

<sup>&</sup>lt;sup>2</sup> Buğra Çankır is a pianist who was named "the best musical ear in the world" in 2004 having passed the "absolute ear" test by the University of California. He is Türkiye's first doctoral student with autism.

Wednesday 23 <sup>rd</sup> November 2022 – DAY 1			
CET time 8:45 – 9:15	Coffee Break		
	Opening Plenary (cont.)		
Türkiye time 11:15 - 12:45	Moderators:		
CET time 9:15 – 10:45	Natasha Azzopardi Muscat, Director, Division of Country Health Policies and Systems, WHO Regional Office for Europe		
	Batyr Berdyklychev, WHO Representative, WHO Country Office Türkiye		
Main Hall https://who.zoom.us/j/92876251583	Speakers:		
Password: WHO!2022	ikbal Karaman, Deputy General Director, Ministry of Family and Social Services		
	- Developments of services transformation in Türkiye		
	<b>Willum Þór Þórsson,</b> Minister of Health of Iceland – video statement		
	<b>Mary Butler,</b> Minister of State with Responsibility for Mental Health and Older People, Dublin, Ireland – video statement		
	Arūnas Dulkys, Minister of Health of Lithuania – video statement		
	Mesut Demirdoğan, Former President of the Association of Friends of Schizophrenia		
	Inês Mália Sarmento and Dion Ras, Youth Advocates, Experts by experience		
	Devora Kestel, Director, Department of Mental Health and Substance Use, WHO Headquarters, Geneva		
	- The World Mental Health report: transforming mental health for all		
	Ledia Lazeri, Regional Adviser, Mental Health Flagship, WHO Regional Office for Europe		
	- One year of the pan-European Mental Health Coalition		
Türkiye time 12:45 – 14:00	Lunch Break		

Wednesday 23 <sup>rd</sup> November 2	022 – DAY 1		
CET time 10:45 – 12:00			
	Parallel Session 1	Parallel Session 2	Parallel Session 3
Türkiye time 14:00 - 15:30	Mental health service transformation	Mental health and well-being of older	Mental health and well-being in the
CET time 12:00 - 13:30	Mental health in primary care	adults	workplace
	Main Hall (Angora 2)	Supporting the mental health and well-being of older adults	Mental health in the workplace
	https://who.zoom.us/j/92876251583	Break Room 1 (Angora 1)	Break Room 2 (Smyrna, 2 <sup>nd</sup> floor)
	Password: WHO!2022	https://who.zoom.us/j/96557557280	https://who.zoom.us/j/98788505526
		Password: WHO!2022	Password: WHO!202 <mark>2</mark>
	Overview of a policy document with main recommendations to integrate mental health in primary health care	Overview of existing high-quality tools, resources, and guidelines relevant to the mental health and well-being of older adults	Overview of policy and evidence- based interventions for protecting and promoting mental health at work in Europe
	Moderators: Melitta Jakab, Head of Office, WHO European Center for Primary Health Care and Ana Tijerino Technical Officer, Mental Health Flagship, WHO Regional Office for Europe	Moderators: Cassie Redlich, Technical Officer, Mental Health Flagship, WHO Regional Office for Europe and Toker Ergüder, WHO Country Office in Türkiye	Moderator: Aiysha Malik, Technical Officer, Department of Mental Health and Substance Use, WHO HQ and Jason Maurer, mental health communications consultant, Mental Health Flagship, WHO Regional Office for Europe
	Panel discussions:	Panel discussions:	Panel discussion:
	Policy recommendations	Leveraging the UN Decade of Healthy Ageing on Mental Health & Well-being of Older Adults	Implementing mental health promotion and prevention in the workplace

# Wednesday 23<sup>rd</sup> November 2022 – DAY 1

### **Panellists:**

**Jonathan Campion,** Public Mental Health Advisor to WHO Europe

**Zulfiya Pirova,** Technical Officer WHO European Center for Primary Health Care

**Liesbeth Borgermans,** Consultant WHO European Center for Primary Health Care

#### **Countries Best Practices**

## **Panellists:**

**Bosnia & Herzegovina - Biljana Lakic,** Ministry of Health and Social Welfare of the Republika Srpska

Kazakhstan - Nikolay Negay, WHO National Mental Health Consultant

**Türkiye - Uğur Ortaç,** Health Expert, Mental Health Department, Ministry of Health, Türkiye

#### Panellists:

**Yongjie Yon,** Technical Officer on Ageing, WHO Regional Office for Europe

**Banu Ekinci,** Head of Department of Chronic Disease and Elderly Health, Ministry of Health, Türkiye

**Frederique Djurdjevic,** WHO Consultant on Ageing

Combatting Social Isolation and Loneliness

### Panellists:

**Frederique Djurdjevic,** WHO Consultant on Ageing

**Alpay Şirin,** Head of Department of Social and Economic Inclusion, Ministry of Family and Social Service, Türkiye

**Yannis Ferras,** Health Psychologist, Metamorfosis, Greece – *online* 

**Gabriela Stoppe,** Director MentAge, Basel, Switzerland – *online* 

### Panellists:

**Arnstein Mykletun,** Professor at Department of Community Medicine, University of Tromsø, Norway

**Dorota Sienkiewicz**, Policy Manager, EuroHealthNet

**Eeva Tuunainen,** Specialist in Emergency Medicine, Finnish Emergency Medicine FinnEM org, Finland

**Stephanie Xuereb**, CEO, Mental Health Services, Malta - *online* 

#### Presentation:

Preliminary findings of a mapping of workplace mental health policy and evidence-based interventions in WHO European Region

María Cabello, Kerry Rodriguez-McGreevy, and Ana Izquierdo, WHO Collaborating Centre for Mental Health Services Research & Training, Universidad Autonoma de Madrid – online

Türkiye time 15:30 – 16:00	Coffee Break		
CET time 13:30 – 14:00			
Türkiye time 16:00 – 17:15  CET time 14:00 – 15:15	Parallel Session 4  The Social Inclusion of Persons with Mental Disabilities Project  Main Hall (Angora 2) https://who.zoom.us/j/92876251583  Password: WHO!2022	Parallel Session 5  Mental health and well-being of older adults  Supporting the mental health and well-being of older adults  Break Room 1 (Angora 1)  https://who.zoom.us/j/96557557280  Password: WHO!2022	Parallel Session 6  Mental Health Leadership  Strengthening leadership in mental health Break Room 2 (Smyrna, 2 <sup>nd</sup> floor)  https://who.zoom.us/j/98788505526  Password: WHO!2022
	Moderator: Akfer Karaoglan Kahilogullari, Project Manager, WHO Country Office, Türkiye  Panel discussion: Reflections on achievements and lessons learnt	Moderators: Yongjie Yon, Technical Officer on Ageing, WHO Regional office for Europe and Cassie Redlich, Technical Officer on Mental Health, WHO Europe Panel discussion: Addressing Ageism and Stigma/discrimination for Older Adults to Access Mental Health Services	Moderator: Matt Muijen, WHO Menta Health Consultant  Presentation:  Overview of a Document on Mental Health Leadership Initiatives in the WHO European Region  Chiara Samele Director, Informed Thinking  Panel discussion:  Roadmap of levels of support for mental health leadership

Wednesday 23 <sup>rd</sup> November 2022 – DAY 1				
	Panellists:  Çiğdem Cerit, Director, Kırklareli Provincial Health Directorate  Didem Yazıcı, Psychologist, General Directorate of Public Hospitals  Umut Karasu, Psychiatrist Eskişehir State Hospital  Sinan Salih Kaplan, Director, Karaisalı Residential Care Centre  Sevgi Arslan, Family Member	Panellists:  Liat Ayalon, Professor in School of Social Work, Bar Ilan University, Israel – online  Laura Diaz, WHO Consultant, Brain Health Unit, Geneva - online  Emine Özmete, Head of Centre of Ageing Studies and Research, Ankara University  Nilay Oğultürk, Çankaya Municipality  Ferzan Özyaşar, Seyhan Municipality	Panellists:  Vasileia Konte, JA ImpleMENTAL Coordinator, Head of Directorate of Services, National Public Health Organisations, Greece — online Ana Tijerino, Technical Officer, Mental Health Flagship, WHO Regional Office for Europe Steve Appleton, President & Chief Executive IIMHL/IIDL - online	
Türkiye time 17:15 - 18:15  CET time 15:15 - 16:15  Türkiye time 19:30  CET time 17:30	Poster Session  Signing up for study visits (Please sign up for visits at the registration desks. Because of limited capacity, registration w be on the basis of "first come, first served")  Dinner Reception – Ancyra room, -2 floor, JW Marriott Hotel			

# Thursday 24<sup>th</sup> November 2022– DAY 2

Türkiye time 10:00 - 11:30 CET time 8:00 - 9:30

Parallel Session 7

Mental health service transformation

Community mental health care and Deinstitutionalization: The next step to scale-up

Main Hall (Angora 2)

https://who.zoom.us/j/92876251583

Password: WHO!2022

<u>Moderator:</u> Bernard Jacob, Federal coordinator of the Belgian mental health care reforms

Presentation: Skills, Rights, Care - for a community approach to mental health - Outcomes of the Global Mental Health Summit 2022

**Fabrizio Starace,** National Health Council Italy – *online* 

Presentation: Technical Brief: results of the regional mapping on status of mental health policies

Petr Winkler Director NIMH Czechia

**Parallel Session 8** 

**Mental Health Leadership** 

**Giving voice:** tackling stigma and discrimination

**Break Room 1 (Angora 1)** 

https://who.zoom.us/i/96557557280

Password: WHO!2022

**Moderator and keynote presenter:** 

**Sue Baker,** OBE, Consultant on mental health, Changing Minds Globally, United Kingdom

Presentation:

Results of the regional mapping on best practices to tackle stigma and discrimination

**Presentation:** 

The Lancet Commission on Ending
Mental Health Stigma and
Discrimination
Claire Henderson, Reader in Public
Mental Health, United Kingdom – online

**Field visits** 

(Signing for the visits is at the registration desks. Due to the limited capacities registration will be on a basis of 1st come 1st served)

Transportation will be arranged

10:00 - 13:30

Mental health services registrations for the visits will be organized during the conference

- Yenimahalle CMHC
- Sincan CMHC
- Sincan Healthy Life center
- Çankaya Healthy Life center
- Mamak Refugee Health Center Houses of Hope (3)
- Down Cafe

# Thursday 24<sup>th</sup> November 2022– DAY 2

#### Panel discussions:

Countries Best Practices on Community Mental Health and user involvement in services design and implementation

### Panellists:

Albania - Emanuela Tollozhina, Head of Sector of Public Health at the Ministry of Health and Social Protection Albania

**Ireland: Philip Dodd**, Policy & Clinical Specialist, Mental Health Unit, Department of Health, Ireland

**Türkiye** – **Esra Alataş** Head of Mental Health, Ministry of Health of Türkiye

**Ukraine - Mariia Sirenko**, Consultant on community mental health services WHO Country Office Ukraine

Mental Health Europe (MHE) - Francesca Centola

#### Panel discussion:

Why lived experience involvement and leadership matters

### Panellists:

Anna Bailie, Youth Mental Health
Researcher and Advocate, University of
York - United Kingdom
Birgitte Dahl Skjødt, One of Us –
Denmark – online
Dana Chrtková, Head DIALOGOS, z. s. Czechia – online

**Raluca Ragianu,** Global Mental Health Peer Network - Romania

**Nikolay Negay,** WHO National Mental Health Consultant

**Peter Keri,** President of Global Alliance of Mental Illness Advocacy Networks-Europe GAMIAN

Türkiye time 11:30 – 12:00

**Coffee Break** 

*CET time 9:30 – 10:00* 

Türkiye time 12:00 – 13:30	Parallel Session 9	Parallel Session 10	Parallel session 11
Türkiye time 12:00 – 13:30  CET time 10:00 – 11:30	Mental health service transformation  Community mental health care and Deinstitutionalization  Main Hall (Angora 2)  https://who.zoom.us/j/92876251583  Password: WHO!2022	Local actions  Break Room 1 (Angora 1)  https://who.zoom.us/j/96557557280  Password: WHO!2022	Mental Health and Psycho-social Support in Emergencies Break Room 2 (Smyrna, 2 <sup>nd</sup> floor) https://who.zoom.us/j/98788505526 Password: WHO!2022
	Moderators: Ledia Lazeri, Regional Adviser for Mental Health, WHO Regional Office for Europe  Presentation: The WHO Community Guidance: Why it is essential to move towards de-institutionalization?  Devora Kestel Director Mental Health and Substance Use Department WHO	Moderator: Havva Görmez, Health Expert, General Directorate of Public Hospitals  Panel discussion:  Mainstreaming of public services for migrants  Panellists:	Moderator: Pim Cuijpers, Director the WHO CC for Research and Dissemination of Psychological Interventions at the Vrije Universite Amsterdam, Nederland Panel discussion:  Ukraine Emergency Response Panellists:
	Presentation: Overview of existing resources, policies and guidelines relevant to de-institutionalization  Giulio Castelpietra Azienda Sanitaria Friuli Occidentale, Pordenone, Italy & Direzione centrale salute, politiche sociali e disabilità, Regione Autonoma Friuli Venezia Giulia, Trieste, Italy	Murat Erdogan, Director, Mülkiye Migration Research Center Emre Üstdağ, Mental Health Department, Ministry of Health, Türkiye Hüseyin Oktar, PIKDES, Ministry of National Education, Türkiye	Alisa Ladyk-Bryzghalova, National Professional Officer for Mental Health, WHO Country Office in Ukraine – online Petr Winker, Director NIMH, Czec Murat Apaydin, MHPSS Consultar Refugee Health Extension, Krakov

Selma Sevkli, MHPSS expert

# Thursday 24<sup>th</sup> November 2022– DAY 2

Panel discussion:

Changing the architecture of care

**Panellists** 

**Simon Vasseur-Bacle** International Affairs Officer at the WHO Collaborating Center for Research and Training in Mental Health (WHOCC, Lille), France

**Ignas Rubikas** Ministry of Health, Head of Mental Health Unit, Lithuania

**Regina Bisikiewicz** Board Chairman Institute of Open Dialogue, Poland – *online* 

**Ayşe Yıldırım,** Head of Department of Care Services, Ministry of Family and Social Services, Türkiye

**Roberto Mezzina,** Chair – IMHC Network *online* 

Türkiye time 13:30 - 14:30

**Lunch Break** 

*CET time 11:30 – 12:30* 

Türkiye time 14:30 - 16:00	Parallel Session 12	Parallel Session 13	Parallel Session 14
CET time 12:30 -14:00	Local Actions	Mental health service transformation  Mental Health Workforce	Mental health and Psychosocial Support in emergencies
	Main Hall (Angora 2) <a href="https://who.zoom.us/j/92876251583">https://who.zoom.us/j/92876251583</a> Password: WHO!2022	Break Room 1 (Angora 1)  https://who.zoom.us/j/96557557280  Password: WHO!2022	Break Room 2 (Smyrna, 2 <sup>nd</sup> floor)  https://who.zoom.us/j/9878850552
	Moderator: Şebnem Avşar Kurnaz, National Professional Officer, WHO Country Office Türkiye Panel discussion:	Moderator: Michael Shannon, Faculty of Nursing & Midwifery, Royal Colleague Surgeons Ireland	Moderator and keynote presenter: Pim Cuijpers, Director of the WHO Cofor Research and Dissemination of Psychological Interventions at the Vrije Universiteit Amsterdam,
	Intersectoral collaboration/coordination in emergencies: Experience from Türkiye	Presentation:  WHO EURO Health workforce report	Nederland  Panel discussion:
	Panellists:  Khalil Omarshah, Co-chair of MHPSS SWG, IOM Türkiye	Maggie Langins, Nursing and Midwifery Policy Adviser WHO Regional office for Europe	Lessons learnt from different emergencies in the WHO European Region
	<b>Gülşah Alakara Özcan,</b> Ministry of Family and Social Services, Türkiye	Presentation:  Actions towards strengthening mental	
	Fatmagül Ertuğrul, Social Worker, Mental Health Department, Ministry of Health, Türkiye	health workforce  Ana Tijerino, Technical Officer, Mental Health Flagship, WHO Regional Office for	Panellists: Altin Malaj, Refugee Health Programme Coordinator, WHO
	Ali Cengiz Kalkan, Director, Tekirdağ Provincial Health Directorate	Europe	Country Office in Türkiye

Thursday 24 <sup>th</sup> November 202	2– DAY 2		
		Panel discussion:  Exploring Mental Health Systems and the Workforce at the European Region – Case studies  Nina Kilkku, President, European Psychiatric Nurses (Horatio) - on-line  Clare Kennedy, Faculty of Nursing & Midwifery, Royal Colleague Surgeons Ireland	Emanuela Tollozhina, Head of Sector of Public Health at the Ministry of Health and Social Protection, Albania Nathalie Prieto, National Coordinator of the French network of the medicopsychological intervention units, France – online
Türkiye time 16:00 – 16:30  CET time 14:00 – 14:30	Coffee Break		

# Thursday 24<sup>th</sup> November 2022 – DAY 2

Türkiye time 16:30 - 18:00

**CET time 14:30 – 16:00** 

#### **Main Hall**

https://who.zoom.us/j/928 76251583

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# **Closing Plenary**

### Lessons learnt and way forward

Moderator: Ledia Lazeri, Regional Adviser, Mental Health Flagship, WHO Regional Office for Europe

## Feedback from parallel sessions and future perspectives:

- The Social Inclusion of Persons with Mental Disabilities Project in Türkiye **Akfer Karaoglan Kahilogullari,** Project Manager, WHO Country Office, Türkiye
- Mental Health Leadership Ledia Lazeri, Regional Adviser, Mental Health Flagship, WHO Regional Office for Europe
- Mental Health and wellbeing of Children and Adolescence and young adults (reflection from previous meetings) Cassie
   Redlich, Technical Officer, Mental Health Flagship, WHO Regional Office for Europe
- Mental health and well-being of older adults **Yongjie Yon,** Technical Officer, Policy Implementation and System Transformation, WHO Regional Office for Europe
- Mental health and well-being in the workplace Jason Maurer, mental health communications consultant, WHO Regional Office for Europe
- Mental Health and Psychosocial Support in emergencies Melita Murko, Technical Officer, Mental Health Flagship, WHO
   Regional Office for Europe
- Mental health service transformation Ana Tijerino Inestroza, Technical Officer, Mental Health Flagship, WHO Regional Office for Europe

**Devora Kestel,** Director, Department of Mental Health and Substance Use, WHO Headquarters, Geneva – commentator

# Closing remarks

Representative of Ministry of Health of Türkiye

Batyr Berdyklychev, WHO Representative and Head of WHO Country Office in Türkiye

Natasha Azzopardi Muscat, Director, Division of Country Health Policies and Systems, WHO Regional Office for Europe