



Communications Assistant

Location: Brussels / hybrid

Duration: 6-month paid traineeship, with the possibility of extension

Starting date: January 2027

Application deadline: 2 November 2026 (23:59 CET)

About GAMIAN-Europe

GAMIAN-Europe is a pan-European patient organisation working to improve the lives of people affected by mental health conditions. We bring together member organisations across Europe and advocate for patient-centred mental health policy, research, services and support.

We are looking for a Communication Assistant to support the communication of GAMIAN-Europe's EU and externally funded projects, contribute to our awareness-raising activities, and help strengthen our digital presence.

Key Responsibilities:

GAMIAN-Europe-based "Awareness Raising Projects" (see examples here) tasks:

- Assist with website management, newsletter creation (MailChimp), and social media posting, including regular updates through WordPress
- Support strategic communications campaigns on various topics around different mental health conditions in cooperation with the rest of the team
- Support the management and promotion of social media campaigns, including paid advertising where relevant

EU-funded Research Projects (see current projects here) tasks:

- Support the communication of Horizon Europe projects in which GAMIAN-Europe is involved, including managing project websites, sending newsletters and managing project social media, focusing on creating content and increasing project outreach
- Assist in the development and implementation of strategic communications plans for EU projects and occasionally send emails to project partners
- Support digital outreach activities, including social media promotion and paid campaigns where relevant

Other tasks

- Support the organisation of events / meetings
- Organise databases
- Other general day-to-day when necessary

Requirements

- Strong communication skills and a keen interest in mental health
- Proficient in both written and oral English
- Experienced with Canva or other design tools
- Capable of working independently, multitasking, and prioritising tasks effectively

Desirable skills and experience

- Experience in online marketing, specifically in expanding outreach through innovative tools and promotions
- Experience managing paid social media advertising, particularly through platforms such as Meta and LinkedIn
- Previously involved in European-funded research projects (Horizon Europe)

Benefits

- Monthly allowance for the duration of the internship
- Monthly meal vouchers
- Discounted public transportation
- 10 days leave during 6 months
- 1-2 days weekly telework.

Conditions

- Entitlement to work in the European Union
- Candidates must be entitled to work in Belgium
- The selected candidate has to be based in Brussels for the duration of the 6 months

Application procedure

- ✓ Interested candidates should send their CV and portfolio (if applicable) to secretariat@gamian.eu by 2 November 2026 (23:59 CET).
- ✓ Please use the subject line: "LAST NAME – FIRST NAME – Communications Internship".
- ✓ Selected candidates will be invited to an initial online interview with the Communication Officer.
- ✓ Shortlisted candidates will be invited to a second interview before a final decision is made.

Interviews will take place in November-December 2026, with a flexible start date in January 2027. Please note that only shortlisted candidates will be contacted.

GAMIAN-Europe is committed to inclusive and respectful recruitment. We particularly welcome applications from people with lived experience of mental health conditions and from candidates with diverse backgrounds.