

# AGM & Convention Programme

29 March - 31 March 2019  
Novotel Bucharest City Centre Hotel, Calea Victoriei 37B Sector 1 010061  
Bucharest, Romania

## Friday 29th March 2019

13.00 – 18.00 - Board Meeting

Arrival of Delegates

19.30 Dinner and Presentation of GAMIAN-Europe European Personality Award

## Saturday 30th March 2019

8.30 – 9.00 - Registration

9.00 – 9.15 - Welcome and setting the scene – Hilikka Karkkainen, President GAMIAN-Europe

**First Session** - Developing trust and effective care: Psychiatrists and patients in partnership  
– Focus on depression

Chair – Matt Muijen, Senior Policy Advisor to Danish Mental Health Foundation

09.15 – 09.30 - Why GAMIAN-Europe and EPA work in partnership – Hilikka Kärkkäinen

09.30 – 09.50 - Introduction of the project – Chiara Samele, Director at Informed Thinking Ltd

09.50 – 10.10 - Challenges and actions to working effectively for patients – Silvana Galderisi,  
President EPA

10.10 – 10.20 - Discussion

10.20 – 10.50 - Coffee Break

**Second Session** - Depression and comorbidities

Chair – Raluca Nica, Executive Director at Romanian League for Mental  
Health



# Programme

10.50 – 11.20 - Depression and Comorbidity: Symptoms and treatment – Dr. Alan Cohen, Director of Primary Care at the West London Mental Health Trust, Keynote

11.20 – 11.40 - Depression in Children and Adolescents – Raluca Nica

11.40 – 11.50 - Discussion

**Third Session** - How to manage depression and comorbidities

Chair – Robert Kristof, General Manager of Awakening Foundation

11.50 – 12.10 - Comorbidity - prevention and healthy living - Mireille Pellegrini Petit, Clinical Psychologist

12.10 – 12.30 - Depression and relationships – Tiberiu Rotaru, Manager of Siret Psychiatric Hospital

12.30 – 12.40 - Discussion

12.40 – 13.40 - Lunch

**Fourth Session** - Best Practices – Chair Yoram Cohen, Senior Consultant of the WFMH

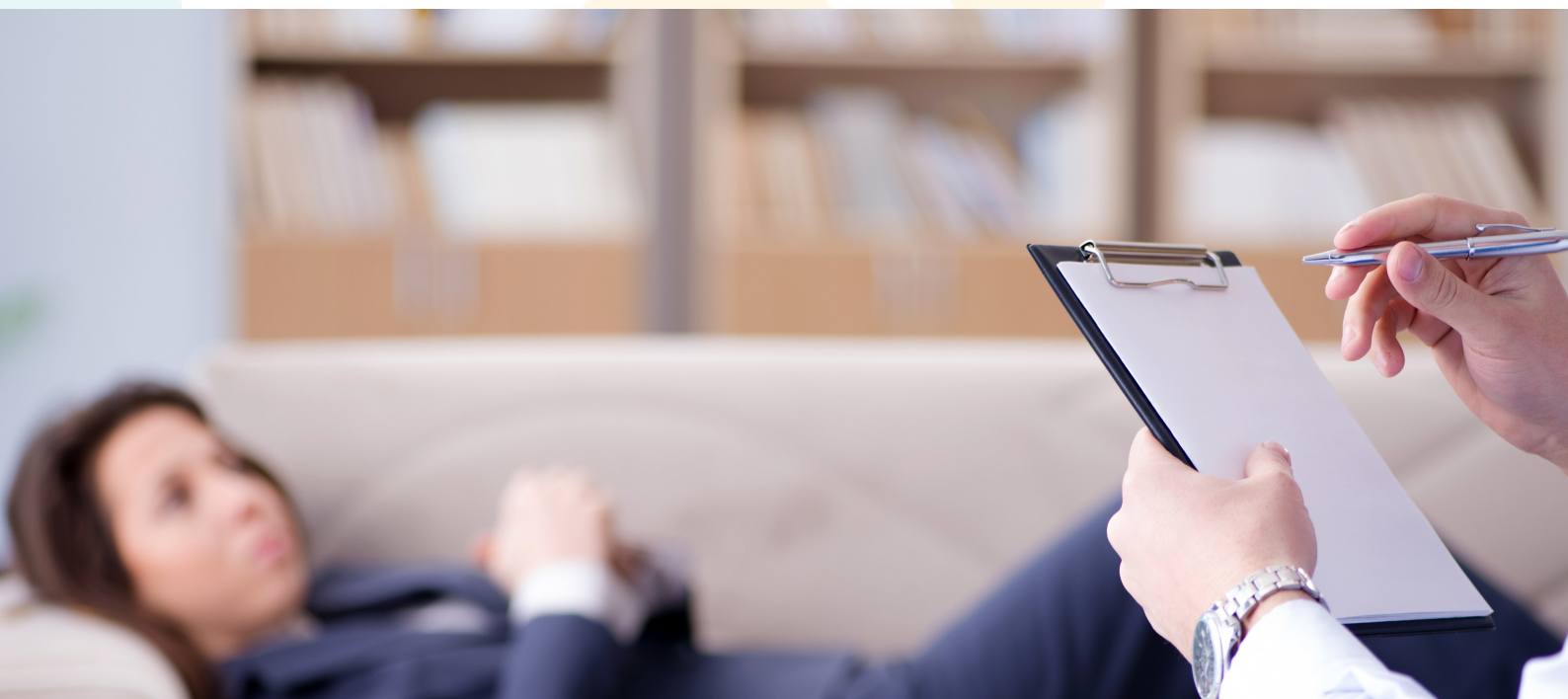
13.40 – 14.40 - Presentations by the applicants of the Pedro Montellano Best Practice Award

13.40 – 14.40 - How web-based support can help with our problems. What can GAMIAN and it's members contribute?

**Fifth Session** - Annual General Assembly

Co-Chairs Jacinta Hastings, Treasurer of GAMIAN-Europe & Raluca Nica

14.40 – 17.30 - General Assembly and Election of a New Board





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17.30 – 18.00 - Meeting of a new Board

19.00            Dinner – venue to be announced  
                    Pedro Montellano Good Practice Award

## Sunday 31st March

**Fifth Session** - Turning patient empowerment into a reality – Chair Daniel Cernik, Board Member of GAMIAN-Europe

09.00 – 09.30 - Empowerment as a Human Right - Katerina Nomidou, Secretary General GAMIAN-Europe

09.30 – 09.45 - Empowerment – Patient’s Perspective - tbc!

09.45 – 10.00 - Discussion

10.00 – 11.00 - Patient Advisory Board

11.00            Departure

