## AGM & Convention 2019 Programme

29 March - 31 March 2019 Bucharest, Romania

### Friday 29th March 2019

13.00 - 18.00 - Board Meeting

Arrival of Delegates

19.30 Dinner and Presentation of GAMIAN-Europe European Personality Award

#### Saturday 30th March 2019

8.30 - 9.00 - Registration

9.00 - 9.15 - Welcome and setting the scene - Hilkka Karkkainen, President GAMIAN-Europe

First Session - Developing trust and effective care: Psychiatrists and patients in partnership - Focus on depression

Chair - Matt Muijen, Senior Policy Advisor to Danish Mental Health Foundation

09.15 – 09.30 - Why GAMIAN-Europe and EPA work in partnership – Hilkka Kärkkäinen

09.30 - 09.50 - Introduction of the project - Chiara Samele, Director at Informed Thinking Ltd

09.50 - 10.10 - Challenges and actions to working effectively for patients - President EPA

10.10 - 10.20 - Discussion

10.20 - 10.50 - Coffee Break

Second Session - Depression and comorbidities

Chair - Raluca Nica, Executive Director at Romanian League for Mental

Health



### **Programme**

10.50 – 11.20 - Depression and Comorbidity: Symptoms and treatment – Dr. Alan Cohen, Director of Primary Care at the West London Mental Health Trust, Keynote

11.20 - 11.40 - Depression in Children and Adolescents - Raluca Nica

11.40 - 11.50 - Discussion

**Third Session** - How to manage depression and comorbidities

Chair - Robert Kristof, General Manager of Awakening Foundation

11.50 – 12.10 - Comorbidity - prevention and healthy living - Mireille Pellegrini Petit, Clinical Psychologist

12.10 – 12.30 - Depression and relationships – Tiberiu Rotaru, Manager of Siret Psychiatric
Hospital

12.30 - 12.40 - Discussion

12.40 - 13.40 - Lunch

Fourth Session - Best Practices - Chair Yoram Cohen, Senior Consultant of the WFMH

13.40 – 14.40 - Presentations by the applicants of the Pedro Montellano Best Practice Award

13.40 – 14.40 - How web-based support can help with our problems. What can GAMIAN and it's members contribute?

Fifth Session - Annual General Assembly
Co-Chairs Jacinta Hastings, Treasurer of GAMIAN-Europe & Raluca Nica

14.40 – 17.30 - General Assembly and Election of a New Board



# **Programme**

17.30 - 18.00 - Meeting of a new Board

19.00 Dinner - venue to be announced

Pedro Montellano Good Practice Award

### **Sunday 31st March**

**Fifth Session** - Turning patient empowerment into a reality - Chair Daniel Cernik, Board Member of GAMIAN-Europe

09.00 – 09.30 - Empowerment as a Human Right - Katerina Nomidou, Secretary General GAMIAN-Europe

09.30 - 09.45 - Empowerment - Patient's Perspective - tbc!

09.45 - 10.00 - Discussion

10.00 - 11.00 - Patient Advisory Board

11.00 Departure

