

Welcome in GAMIAN Seminar



Awakenings Foundation

Situated in an area of the capital where the population is at a disadvantage

The number of mentally ill persons is about
10th of average



Awakenings Foundation

Established in 1991

Innovative mission in the field of a
recovery-oriented community-based
mental health reform in Hungary

Optimal treatment programme

Evidence-based
Community care
program for
mental and addictive
patients in cooperation
with Prof. Falloon
from 1995



Mental Health Interest Forum

We initiated and supported several NGO-s
including
Mental Health Interest Forum
the first user-driven
national advocacy group in Hungary

Mental Health Forum

A network with about 300 members professionals and other stakeholders who joined to the mission of a democratic and recovery-based mental health in Hungary (www.lefnet.hu) from 2008

Association of Mental Health (Plan)

Open, consultative platform

We plan it as a democratic association

Professionals, users and other stakeholders

Antistigma programme

From 2009 we also initiated a network with more than 15 NGO-s in Hungary to decrease stigma against people with mental problems and joined to the 'Open the Doors' program of the World Psychiatric Association

(www.nyitnikek.hu)

Recovery

To great Gamian Seminar in Hungary, with the topic of recovery is a great honour for us, since recovery is the basic effort in our everyday work

Situation in Hungary

Chronic mental disorders affect about
1 % of total population in Hungary

20-30 % of them needs special help

In the district where our foundation takes place
the number of mentally ill persons is about
10th of average





Mission of Awakening Foundation

Community based rehabilitation of mentally ill
persons

following the methods of „Good practice”

- recovery-based
- evidence based strategies
 - in optimal contexts

Therapy

Based on personal goals (needs)
and not on diagnosis

During the whole treatment the needs are
Determining

All effective medical and psychotherapeutic and
psychosocial technologies and involved

Optimal context

Community based

Family-based

Educational

Symmetrical relationship

Well-managed services

What is characteristic to community based treatment?

All the methods take part in the natural surroundings of the patients

Family members are drawn in into the treatment

Similarities between GAMIAN and Awakenings Foundation

Same values

Patients needs

Recovery oriented

Welcome!



