

GAMIAN-Europe AGM & Convention Programme

29 March - 31 March 2019

Novotel Bucharest City Centre Hotel, Calea Victoriei 37B Sector 1 010061
Bucharest, Romania

Friday 29th March 2019

13.00 – 18.00 - Board Meeting

Arrival of Delegates

19.30 Dinner and Presentation of GAMIAN-Europe European Personality Award at
Novotel Bucharest City Centre Hotel

Saturday 30th March 2019

8.30 – 9.00 - Registration

9.00 – 9.15 - Welcome and setting the scene – Hilikka Kärkkäinen, President of GAMIAN-Europe

First Session - Developing trust and effective care: Psychiatrists and patients in partnership
Focus on depression

Chair – Matt Muijen, Board Member of GAMIAN-Europe and Senior Policy
Advisor to Danish Mental Health Foundation

09.15 – 09.30 - Why GAMIAN-Europe and EPA work in partnership – Hilikka Kärkkäinen

09.30 – 09.50 - Introduction of the project – Chiara Samele, Director at Informed Thinking

09.50 – 10.10 - Challenges and actions to working effectively for patients – Silvana Galderisi,
President of the European Psychiatric Association

10.10 – 10.20 - Discussion

10.20 – 10.50 - Coffee Break



Programme

Second Session - Depression and comorbidities

Chair – Raluca Nica, Vice-President of GAMIAN-Europe and Executive Director at Romanian League for Mental Health

- 10.50 – 11.20 - Depression and Comorbidity: Symptoms and treatment – Keynote address by Dr. Alan Cohen, Director of Primary Care at the West London Mental Health Trust
- 11.20 – 11.40 - Depression in Children and Adolescents – Raluca Nica
- 11.40 – 11.50 - Discussion

Third Session - How to manage depression and comorbidities

Chair – Robert Kristof, Board Member of GAMIAN-Europe and General Manager of Awakening Foundation

- 11.50 – 12.10 - Comorbidity: Building Resilience through Positive Strategies - Mireille Pellegrini Petit, Clinical Psychologist and Positive Psychology Coach and Trainer, Thrive Positive, Malta
- 12.10 – 12.30 - Depression and relationships – Tiberiu Rotaru, Manager of Siret Psychiatric Hospital, Romania
- 12.30 – 12.40 - Discussion
- 12.40 – 13.40 - Lunch

Fourth Session - Best Practices, Chair - Yoram Cohen, Immediate past president of GAMIAN-Europe and Corporate Secretary of the WFMH

- 13.40 – 14.40 - Presentations by the applicants of the Pedro Montellano Best Practice Award
- 13.40 – 14.40 - How web-based support can help with our problems. What can GAMIAN-Europe and it's members contribute?



Programme

Fifth Session - Annual General Assembly

Co-Chairs - Raluca Nica & Jacinta Hastings, Treasurer of GAMIAN-Europe

14.40 – 17.30 - General Assembly and Election of a New Board

17.30 – 18.00 - Meeting of the new Board

19.00 Dinner at Novotel Bucharest City Centre Hotel

Presentation of the Pedro Montellano Good Practice Award

Sunday 31st March

Fifth Session - Turning patient empowerment into a reality - a Call to Action

Chair - Daniel Cernik, Board Member of GAMIAN-Europe

09.00 – 09.30 - Empowerment as a Human Right - Katerina Nomidou, Secretary General
GAMIAN-Europe

09.30 – 09.45 - Empowerment – Patient’s Perspective - Matthieu de Vilmorin, President of
Schizo? Oui!

09.45 – 10.00 - Discussion

10.00 – 11.00 - Patient Advisory Board and EU Elections

11.00 Departure

